

## PHYSICAL EDUCATION

The following are the goals of the physical education program:

1. To aid the development of the whole student.
2. To encourage student participation in vigorous physical activity while in school, and to teach the skills of activities which can be enjoyed outside of school.
3. To increase appreciation of physical fitness and its importance in regard to good health.
4. To develop teamwork skills and good sportsmanship.

SOURCE: MASC Policy

### LEGAL REFS.

M.G.L. 71:1; 71:3

Massachusetts Comprehensive Health Curriculum Framework - October 1999  
603 CMR - 26:05

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